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ORAL ABSTRACTS

905.OUTCOMES RESEARCH-LYMPHOID MALIGNANCIES

Patient-Reported Outcomes in the Phase 3 CARTITUDE-4 Study of Ciltacabtagene Autoleucel Vs Standard of Care in Patients with Lenalidomide-Refractory Multiple Myeloma after 1-3 Lines of Therapy

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Introduction: The phase 3 CARTITUDE-4 trial (NCT04181827) in patients with multiple myeloma (MM) after 1-3 lines of therapy compared ciltacabtagene autoleucel (cilta-cel) with standard of care (SOC; pomalidomide, bortezomib, and dexamethasone or daratumumab, pomalidomide, and dexamethasone). In the primary analysis, a single cilta-cel infusion significantly improved progression-free survival (hazard ratio [HR], 0.26; $P < 0.0001$) and increased the rate and depth of response vs SOC. Here, we present adjusted comparisons of patient-reported outcomes (PROs) from patients randomized to cilta-cel vs SOC in CARTITUDE-4.

Methods: 419 patients with lenalidomide-refractory MM and 1-3 prior lines of therapy, including a proteasome inhibitor and an immunomodulatory drug, were randomized (intent-to-treat [ITT] population) to receive cilta-cel (N=208) or SOC (N=211). European Organisation for Research and Treatment of Cancer Quality of Life Questionnaire Core 30 (EORTC QLQ-C30; 100-point scale), EuroQoL 5-Dimension 5-Level (EQ-5D-5L; 100-point scale), and Multiple Myeloma Symptom and Impact Questionnaire (MySIm-Q; 5-point scale) questionnaires were administered to all patients until disease progression. PRO compliance was calculated as the number of patients whose PROs were received divided by the number whose PROs were expected (ie, all patients on study pre disease progression and before subsequent therapy for each time point). Mixed-model for repeated measures analyses were performed on the ITT population to analyze changes from baseline for each arm and included the baseline PRO score and prognostic characteristics as covariates to balance arms and to adjust for confounders. Assessments after the start of subsequent therapy were excluded. Time to symptom worsening, defined as a clinically meaningful increase

(≥ 0.5 standard deviation of pooled baseline values) without a subsequent reduction in MM symptoms, was assessed using the Kaplan-Meier method.

Results: At clinical cut-off on November 1, 2022, 99 patients in the cilta-cel arm and 66 in the SOC arm had both baseline and 12-month PRO assessments, representing data prior to progression. PRO compliance was 100% at baseline and decreased with subsequent visits to 74% in the cilta-cel arm and 81% in the SOC arm at month 12. Patients reported improved functioning and symptom reduction from baseline in the cilta-cel arm, while PRO scores in the SOC arm trended towards worsening or lower degrees of improvement from baseline for most domains and symptoms. The average improvement from baseline to month 12 (least squares [LS] mean change) for patients who received cilta-cel exceeded clinically meaningful thresholds for global health status (10.1 points), pain (-10.2 points), and the visual analogue scale (8.0 points); improvements in fatigue (-9.1 points) and emotional functioning (9.5 points) neared clinically meaningful thresholds (Table). For all other EORTC QLQ-C30 domains, results numerically favored cilta-cel. On the MySIm-Q total symptom scale, the median time until MM symptom worsening in the cilta-cel arm was 23.7 months (95% CI, 22.1-not estimable) and was 18.9 months (95% CI, 16.8-not estimable) in the SOC arm (HR, 0.42).

Conclusions: Patients with lenalidomide-refractory MM who had 1-3 prior lines of therapy demonstrated clinically meaningful improvements in health-related quality of life and meaningful reductions in disease-specific symptoms on multiple PRO endpoints after a single cilta-cel infusion. Improvements in health-related quality of life were numerically greater with cilta-cel than with continuously administered SOC treatments across all scales. With previously reported data showing that cilta-cel significantly improves PFS, response rate, and depth of response, these results strengthen the potential for cilta-cel to be a new SOC for patients with lenalidomide-refractory MM after first relapse.

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TABLE: LS means of change from baseline to month 12 in PROs in CARTITUDE-4

	Cilta-cel (n=99)	SOC (n=66)
EORTC QLQ-C30, mean change (95% CI)		
Global health status/QoL		
Global health status	10.1 (7.0, 13.1) ^a	-1.5 (-5.3, 2.3)
Functional scales		
Cognitive functioning	0.5 (-2.4, 3.5)	-7.5 (-11.2, -3.9)
Emotional functioning	9.5 (6.6, 12.5)	2.2 (-1.3, 5.7)
Physical functioning	6.5 (3.8, 9.1)	-2.1 (-5, 0.7)
Role functioning	7.7 (3.7, 11.7)	-1.7 (-6.3, 2.9)
Social functioning	6.1 (2.1, 10.0)	-0.1 (-4.2, 4.0)
Symptom scales/items		
Fatigue	-9.1 (-12.4, -5.8)	2.8 (-1.4, 7.0)
Nausea and vomiting	-1.2 (-3.1, 0.7)	0.6 (-1.4, 2.7)
Pain score	-10.2 (-14.0, -6.5) ^a	-3.9 (-7.9, 0.2)
EQ-5D-5L, mean change (95% CI)		
Visual analogue scale	8 (5.2, 10.7) ^a	1.4 (-1.9, 4.7) ^b
MySIm-Q, mean change (95% CI)		
Total symptom subscale	-0.18 (-0.27, -0.10)	0.17 (0.06, 0.27) ^b
Total impact subscale	-0.41 (-0.53, -0.29)	0.01 (-0.13, 0.14) ^b

A higher score indicates better health on the EORTC QLQ-C30 global health status and functional (physical, role [ie, daily activities and work or hobby/leisure time activities], emotional, cognitive, and social) scales and the EQ-5D-5L visual analog scale (a self-rated health score); as a result, a >0-point change in score from baseline indicates improvement. A higher score on the MySIm-Q or EORTC QLQ-C30 symptom scales indicates greater symptom severity, and a higher score on the MySIm-Q impact scale indicates greater impact of the symptom (fatigue, nausea/vomiting, pain); as a result, <0-point change from baseline indicates improvement.

^aChange from baseline to month 12 exceeds threshold for clinically meaningful improvement (EORTC QLQ-C30 ≥10 points; EQ-5D-5L VAS ≥7 points; MySIm-Q total symptom subscale ≥0.32 points [not estimable for total impacts subscale]). ^bIn SOC arm, n=64 for EQ-5D-5L and MySIm-Q assessments.

Figure 1

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